

# BREAKOUT SESSIONS

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## WEDNESDAY, SEPTEMBER 4

- Root Causes & Intersectionality
- Shifting Power
- Transforming Systems & Structures
- Alliances/Social Movement Building
- Narrative Change

TIME	TITLE	PRESENTERS	DESCRIPTIONS	ROOM
9:45am	Feeding Democracy: Equipping Residents to be Food Systems Policy Leaders	Karen Bassarab, Johns Hopkins Center for a Livable Future Clare Fox, Los Angeles Food Policy Council Alice Huang, City of Baltimore Food Policy Initiative Winnie R. Huston, DC Greens	Join us for an honest conversation with food policy council leaders from Baltimore, Los Angeles and Washington DC about strategies that they are using to build the advocacy capacity and amplify the voices of community members for food systems policy change.	Room 302B
9:45am	Culture Shift Through Multi-Sectoral Teams	Lindsey Carver, Food Bank of Central & Eastern North Carolina Megan Bolejack, Care Share Health Alliance Jared Cates, Carolina Farm Stewardship Association Gini Knight, Center for Environmental Farming Systems	Community Food Strategies is an intentionally multi-organizational initiative using and modeling practices that reflect our collaborative approach and value in trusted relationships to create the greatest impact for systems change. Our practices have been essential in creating a successful and sustainable team with members across five- soon, six - organizations.	Room 301A
9:45am	How You Can Launch a Hospital Food Security Program	Kelly Fisher, Seattle Children's Sangeeta Hingorani, MD, University of Washington Medical Center, Fred Hutchinson Cancer Research Center, and Seattle Children's Naima Idris, Seattle Children's Sarah Wandler, Seattle Children's Odessa Brown Children's Clinic	Through interactive dialogue with other attendees, create action plan to integrate food security into patient care; identify innovative ways that healthcare organizations, patients, and community organizations can collaborate to address the social determinants of health. We'll provide references for developing a program, involving families in the design, and assessing equity.	Room 302C
9:45am	Plant it forward: Growing local food leaders and jobs	Kim Hines, Augusta Locally Grown LaDonna Doleman, Golden Harvest Food Bank Judith Stocker, Harrisburg Family Healthcare	The "Plant It Forward" session assumes that a stream of good-food talent runs, untapped, through our nation's food banks, soup kitchens and farmers markets assistance programs. The "gap" is in our ability to harness, develop and pay that talent. During this session, you will meet local-food program participants turned local-food program leaders.	Room 303
9:45am	Experiences of Harassment and Perceptions of Safety at Emergency Food Providers	Mari Kate Mycek, North Carolina State University Sarah Bowen, North Carolina State University Sierra Satterfield, North Carolina State University	This session explores the role of harassment and safety at emergency food providers. Come learn about the experiences of people who have experienced harassment and how this effects their ability to get the food they need.	Room 301B
9:45am	Centering Racial Equity in Food Policy Councils: Progress, Pitfalls, Possibilities	Abbey Piner, Center for Environmental Farming Systems Committee on Racial Equity and Community Food Strategies Cindy Sink, Capital Area Food Network Volunteer, Race Equity Conversation Circle Shorlette Ammons, Center for Environmental Farming Systems Committee on Racial Equity and Community Food Strategies LaShauna Austria, Alamance Food Collaborative/Benevolence Farm Ann Meletzke, Alamance Food Collaborative Larry Morris, Director of Partner Services, Food Bank of Central & Eastern North Carolina Erin White, Community Food Lab, founding member Capital Area Food Network	Using story and dialogue, two food councils will share their early-stage process to center racial equity. Presenters will have a moderated discussion, engaging the audience, to share insights, ideas, and useful tools for moving this work forward in service to better outcomes for our neighbors and communities.	Room 304
9:45am	Fresh for Less: A city-wide collaboration to improve food access	Alexandra van den Berg, University of Texas Houston School of Public Health in Austin and the Michael and Susan Dell Center for Healthy Living Andrea Abel, Farmshare Austin Simone Benz, Sustainable Food Center Kathryn Janda, University of Texas School of Public Health Samantha Night, Office of Sustainability City of Austin	The Fresh for Less Initiative (FFL) is a collaboration between local non-profits, academia, and city government to improve economic and physical access to healthy food in historically low-income areas of Central Texas. This interdisciplinary and multi-sector panel will share their experience and findings on implementing, evaluating, and collaborating on FFL.	Room 302A

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11am	Changing the food stamp budget; Reimagining the value of food	Angela Babb, Indiana University and Bloomington Food Policy Council	Learn how the poverty threshold and food stamp allotments are determined, and why these calculations are critical moments of institutional discrimination that reproduce hunger in the U.S. Bring your ideas on how poverty and food stamp allotments should be changed to promote justice and resiliency among people experiencing hunger and food insecurity.	Room 302C
11am	Introduction to Political and Popular Education	Suzanne Babb, WhyHunger Laurel Ashton, The People's Campaign Shaibly Gupta Barnes, Kairos Center Lorrie Clevenger, WhyHunger	If we truly want to end hunger, we need to be serious about educating ourselves and our communities, and to equip ourselves with the knowledge we need to build collective power. In this workshop, attendees will gain an understanding of what political and popular education is, the essential role it has played in social movements through history and apply political and popular education techniques.	Room 303
11am	"Choice is about identity, not just preference."	Emily Balius, Oregon Food Bank Erin Goldwater, Lift Urban Portland Johnnie Shaver, Oregon Food Bank	Gain insight from a twelve-month pilot project that focuses on creating pantry environments where clients choose which pantry they visit, how often they frequent that pantry, and how much food they shop for at a pantry. Dig deeper into how this pantry model addresses the root causes of hunger by creating a new narrative through shifting power to clients resulting in a transformation of the current pantry system.	Room 301B
11am	Food Connectivity: Resilience, Partnership, and Sovereignty in Rural New England	Betsy Garrold, Food for Maine's Future Sarah Harpster, The Community Kitchen, Inc. Raleigh Tacy, The Community Kitchen, Inc.	This panel describes ongoing work in the food systems of Maine and New Hampshire to address issues of food access and rural poverty, right to food and food sovereignty legislation, and the need for a more local, resilient and equitable food system, and the tools used to achieve these goals.	Room 304
11am	Building a global alliance to resist and reverse food charity	Kayleigh Garthwaite, University of Birmingham Andy Fisher, National University of Natural Medicine Emily Mattheisen, FIAN International Dee Woods, Granville Community Kitchen	This emergent global solidarity alliance is a response to questions many of us are grappling with. Can food and other services be gathered and distributed with dignity and efficiency? Can food charity exist without building permanent institutions? Can the provision of charity and the fight for social justice co-exist?	Room 302A
11am	On the Journey to Becoming an Anti-Racist Organization: Successes, Challenges, and Tools	Marria Nguyen, Northwest Harvest/Bellingham Food Bank Mike Cohen, Bellingham Food Bank	Hunger is a symptom of poverty and one outcome of centuries of institutionalized racism. Recently, hunger relief providers have begun talking about the root causes of hunger and what we should be doing to address those upstream issues. This workshop will focus on the tensions of providing immediate relief while also wanting to create systemic change that address the root causes of hunger including racism. Panelists will share their own personal experiences as well as some concrete tools that may help your own organization tackle similar issues.	Ballroom A
11am	From Charity to Solidarity	Teva Sienicki, Metro Caring Jenee Elise, Metro Caring D.C. Coulon, Metro Caring	At 45-years old, Metro Caring is pivoting from charitable food distribution to root cause work in partnership with community. Learn a framework for unlocking the full gifts in your community and your full potential to create real change.	Room 302B
11am	The Secret Sauce: Key Ingredients to Successful Coalition Building and Policy Organizing.	Miah Ulysse, Appetite for Change Michael Chaney, Project Sweetie Pie DeVon Nolen, Homegrown Minneapolis Food Policy Council Song Xiong, Twin Cities Mobile Market/Wilder	Coalition building is hard! So what's the secret? Come to this session and learn from Minnesota leaders on how different food sectors can come together and make impactful policy shifts at the local, state, and federal level. We will discuss the inequities of policy/advocacy and how collective power can be harnessed to benefit the local food system.	Room 301A

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TIME	TITLE	PRESENTERS	DESCRIPTIONS	ROOM
10am	Disparities in Land Access and Strategies for Food Sovereignty	Andrew Kang Bartlett, Presbyterian Mission Agency, PC(USA) Andrew R. Smolski, North Carolina State University Emilia Cordero, North Carolina State University Lariza Garzon, Episcopal Farmworker Ministry J. Antonio Jose-Aguilar, Farmworkers Association of Florida Alex Treyz, Duke World Food Policy Center Josie Walker, FaithLands & Agrarian Trust	Access to land is foundational to wealth and livelihood. Land dispossession has been used to marginalize and oppress communities of color throughout US history. Learn about and discuss concrete initiatives to provide access to land and food production as ways to address food injustice and foster economic opportunity.	Room 304
10am	Resiliency and Revolution in Mississippi	Judy Belue, Delta Fresh Foods Initiative Dr. Leslie Hossfeld, Clemson University Julian Miller, Vice Chair Delta Fresh Foods Board of Directors	Shifting power to the people who live with issues that restrict their ability to pursue health and wealth is the first step toward change. For those committed to social justice, it is imperative that we continually examine our place in the circle, loosen our grip on power and intentionally listen to and learn from others.	Room 302A
10am	Community/Extension Partnerships to Promote Innovative Programs Addressing Food Insecurity	Dara Bloom, NC Cooperative Extension Alyssa Anderson, NC Cooperative Extension Annie Hardison-Moody, NC State University Jane Horst, Wilmington Farmers Market Teresa Kelly, Christians United Outreach Center of Lee County Braedyn Mallard, Farmer FoodShare Morgan Marshall, NC Cooperative Extension	Hear about two innovative programs that connect food pantries to sources of local food and support recipients so they can prepare healthy food at home. We highlight successful partnerships between Cooperative Extension and community organizations addressing community food security.	Room 301A
10am	The Power of our Stories to Drive Policy Change	Jessica Burroughs, MomsRising Sheila Arias, MomsRising Liz Beck Costello, MomsRising Jessica Holmes, Wake County Board of Commissioners Chair	This workshop features people who have transformed their experiences of receiving food assistance into tools for moving lawmakers, changing policies, reducing stigma, becoming electing officials, and helping other families feel less alone in their struggles. After the panel, participants will select a "table talk" discussion topic for a deep dive.	Room 303
10am	The Politics of Food Donations	Andy Fisher, National University of Natural Medicine Sally Lee, RAFL-USA Robert Ojeda, Community Food Bank of Southern Arizona Chef Greg Silverman, West Side Campaign Against Hunger	This workshop will explore the politics of food donations as they undercut social justice in the food system. Workshop presenters and the audience will discuss ways in which emergency food providers can redefine their role with regards to donated food and the communities that they serve.	Room 301B
10am	Consent-based Decision Making: A Cornerstone for Collaboration	Gini Knight, Center for Environmental Farming Systems, Community Food Strategies Megan Bolejack, Care Share Health Alliance	Do you attend or facilitate a lot of meetings? Could they be improved? This workshop will teach a facilitation technique, called Circle Forward, as a core tool for building trust, participation and shared responsibility with any team. This method provides structure for equal participation and effective decision making.	Room 302B
10am	Food for Good: Community Food Projects that Strengthen Economies	Justine Post, The Conservation Fund's Resourceful Communities Program Jaimie McGirt, Resourceful Communities	Come and explore how your food project can go beyond food distribution to support your local food system. In this workshop you will learn about the importance of addressing economic justice within your food work and strategies rural groups are using to deepen their work with communities.	Room 302C

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TIME	TITLE	PRESENTERS	DESCRIPTIONS	ROOM
11:30am	Building Power: Organizing in Emergency Food Organizations	Suzanne Babb, WhyHunger Hannah Lencheck, Mother Hubbard's Cupboard Amy Blumsack, Neighbors Together Ben Pearson, Food Power Penny Walters, Food Power Helen Kane, Mother Hubbard's Cupboard	Social movements have shown that systemic changes happens when they are led by those most affected. Emergency food providers are in community with the individuals most who impacted by hunger which puts us in a unique position to organize people to build collective power and address the root causes of hunger. Learn from three organizations who are harnessing the leadership of people most impacted by hunger to make concrete change in their communities.	Room 302B
11:30am	Next Steps in your Racial Equity Journey	Minerva Delgado, Alliance to End Hunger	The workshop will explore strategies for anti-hunger organizations to adopt racial equity frameworks. Based on an understanding of why communities of color are disproportionately impacted by hunger in the U.S., participants will explore strategies for racial equity in three areas-- organizational analysis, community engagement, federal nutrition policy and advocacy.	Room 301B
11:30am	Advocating for Affordable Housing	Luke Elzinga, DMARC Food Pantry Network Sharon Thornberry, Oregon Food Bank	Through storytelling and data mapping, this session explores the intersection of food insecurity and affordable housing, and how organizations are utilizing these advocacy strategies. This session also explores the history of housing issues in both rural and urban areas, and the persisting impacts of policies of the past.	Room 304
11:30am	Deepening Democracy: Strategies for Effective Civic Participation	Dora Martinez, Community Food Bank of Southern Arizona	This interactive workshop utilizes the understanding of the racial, economic, and social root causes of hunger as a foundation for implementing the strategies of individual leadership development and collective power building to achieve justice and gain community resilience through effective civic engagement.	Room 303
11:30am	Connecting our stories, connecting our power, connecting through food and culture	Eleanor Moreno, Co2 Storytelling Christina Flier, Co2 Storytelling Travis Mathis, Co2 Storytelling	Imagine a community where the wisdom and perspectives of all intermingled. This workshop will focus on the foundation of community by rooting ourselves in relationships, stories, healing, culture and food, we organize and advocate.	Room 302A
11:30am	Equity Tools for Food Justice Advocates	Michelle Osborne, Rural Advancement Foundation International-USA (RAFI-USA) Margaret Krome-Lukens, RAFI-USA Edna Rodriguez, RAFI-USA	During this interactive workshop, RAFI-USA's Come to the Table staff will present 3 tools for moving organizations to engage more deeply in justice work around food access programs: The 5 Whys, The Racial Wealth Gap Simulation, and the Storytelling Project. Participants will leave with the resources to lead these tools in their own context.	Room 302C
11:30am	Will Lead College Student Hunger Initiative for Food	Sarah Wright, North Carolina State University Dept of Academic and Student Affairs Jayna Lennon, NC State campus food pantry Shivani Surati, NC State University Paige Swanson, NC State University	With almost 5,000 students at North Carolina State University experiencing food insecurity, it was the students themselves igniting a campus response with increased leadership, advocacy and programs.	Room 301A